

Meet Dr. M. Greig!

Dr. Mark Greig holds a Doctorate in Medicine (MD) and as well as a Doctorate in Oriental Medicine. He has a desire and particular interest in the care of laser mechanics and aesthetics/alternative medicine including healthy weight loss habits, body sculpting and anti-aging regimens.

Dr. Greig's philosophy - "Ultimately, it's my desire to give my clients safe, non-invasive tools and continuously work with them to diminish the negative effects of the aging process. I want each of my clients to 'Look As Good As They Feel' – I understand aging isn't a choice but how you choose to age is a mental, physical and holistic decision."

Dr. Greig has 27 years' experience in the medical field with a wide variety of modalities including general practitioner, alternative/holistic physician, behavioral and substance physicians. He is also a member of the American Meso-Therapy Association, which is a specialized field of medicine branching off into the different medical aspects.

Prior to beginning his practice in Florida, Dr. Greig served in the Royal Marines for 4 years, where he was a lieutenant. During his tenure, he received his first medical degree as an MD in England from the University of Birmingham. He then moved to the States and continued to education by obtaining his OMD license from the Florida College of Integrative Medicine. He has practiced in South Florida and the Tampa Bay area with his specific focus being Aesthetic/Alternative approach.

In his free time, Dr. Greig enjoys spending quality times with both his children, Antonio and Ashley. Family time is most important to Dr. Greig, since he does lead a busy life. Some of their favorite things to do together are catching a movie on their weekly "family day" or grabbing a bite to eat on the beach and enjoying life's beauty.

Dr. Greig currently lives in Central Florida where the sun always shines! In his spare time, he enjoys watching and cheering on his son during his wrestling competitions, traveling to tropical destinations, and of course making some rest and relaxation time for himself. He believes self-health is extremely important to lead a balanced, healthy life. He ensures to maintain his health by working out, following a clean eating regimen, while using essential vitamin injections with amino acids that his body needs to maintain a healthy lifestyle.